

Arlington Fly-In Packing List

Use this list to prepare for the Fly-In. All of your personal items **MUST** be marked with your last name. Uniform and undershirts should be marked on the shirt tail. Underpants should be marked on the waist band. Uniform pants should be marked on the product label. **You will NOT have an opportunity to purchase uniform items at the activity.** The quantities noted below are suggested minimums. Remember you will need enough equipment for stay of one week. There are **NO** facilities to wash clothing at the activity.

IMPORTANT: Bring a WARM sleeping bag and WARM clothes for the cold mornings. Be prepared for cold, hot, dry and/or wet weather. It is recommended to bring a blanket for underneath the sleeping bag since cots are above the ground.

Mandatory:

CAP ID Card

CAP 101 Card

Emergency Contact (CAPF 161) – should be on your person always.

Hydration Pack for water (canteens okay, but hydration pack preferred)

Sunglasses

Uniform Items (Per latest revision of CAPM 39-1)

2 each ABU/BDU blouses with all required patches and nametape (1 set is okay but keep clean as possible)

2 each BDU/ABU trousers

6 each T-shirts, crew neck (Black for BDU, Tan for ABU)

1 each BDU/ABU cover. The use of a boonie hat was approved for 2018. It must match your uniform.

7 pair Boot socks, black, heavy

1 pair Boots, black, high top. This event is not the time to break in new boots.

Uniform items – optional

1 each sweater, pullover, dark solid color

1 each BDU/ABU field jacket

1 each web belt and canteen(s) (**Hydration pack is preferred**)

Personal clothing

10 each underwear

3 each bras for females

1 set civilian clothes (warm coat for evenings)

Personal items – Mandatory

Sleeping bag (and blankets)- **warm enough for cold nights** (48-60° F)

Pillow

Cot - if you have your own camping/army cot, please bring it. Although we do have a supply of cots, we many times run out and can't provide enough for all attendees.

Deodorant

Toothbrush, toothpaste/mouthwash

Bath soap (must be in a container)

Comb, brush, shampoo

Razor and shaving cream or electric razor

Shower shoes

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Wash cloth and bath towel

Feminine hygiene products as needed – females

Sunscreen (SPF30 minimum, SPF 45 recommended)

Lip balm/chapstick (LIP sunscreen)

Sunglasses

Laundry bag

Flashlight with at least 2 sets of batteries

Ball point pens (minimum of 3)

Shoe shine kit (polish, brush and rag)

Sewing kit (Thread, needle and buttons)

Note pad, pocket size

Small personal first aid kit with band-aids, **moleskin to avoid blisters**

Personal items – optional

Small camera

Foot powder, hair spray, hair gel

Baby powder to keep dry

Ear plugs

Book